

Episode 4: Special Episode—Busting Myths About Menstruation

Overview: Dr. Jen Gunter joined us at the Rotman School of Management to talk about her new book, *Blood: The Science, Medicine, and Mythology of Menstruation*. In this conversation with GATE's founding director, Dr. Sarah Kaplan, she discusses the many myths around menstruation and the impact that misinformation and stigma about menstruation have on women's health and on society. Listen in to learn about how periods and reproductive health are linked to purity culture and patriarchy, as well as to social, economic, and political outcomes.

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Featured Guests:

Dr. Jen Gunter, OB/GYN, pain medicine physician, and bestselling author

Dr. Sarah Kaplan, Founding Director of the Institute for Gender and the Economy, Distinguished Professor of Gender and the Economy, Professor of Strategic Management, and Fellow of the Lee-Chin Family Institute for Corporate Citizenship, Rotman School of Management, University of Toronto

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